PUPIL'S PRESSM

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JANUARY 2021



Sneak Peek









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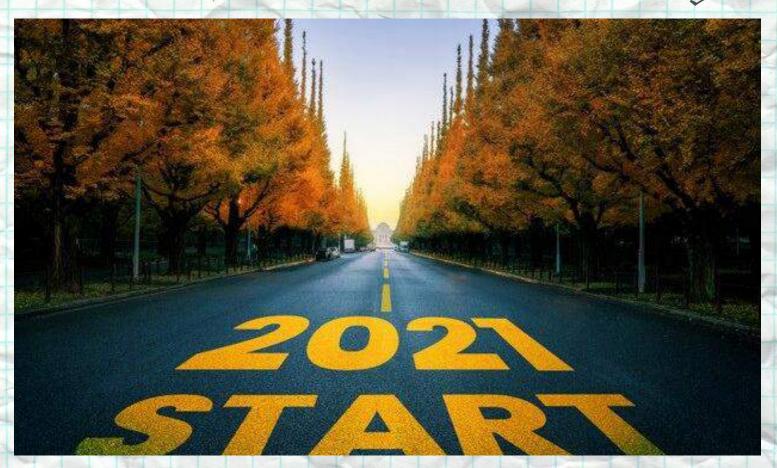






New Year, New Beginnings!!!





The 'Aha!' Moment in learning, schooling and education in India begins with a goodbye to the hangover of imperialism. When Career Readiness, Leadership and life skills are coupled with academic subjects in schools it will give an immense boost to Indian education system to grasp a new horizon in its wings.

Today after 73 years of Independence, we are still severely lacking in enhancing our children and equipping them for a global community and workplace of 2040's. We as a community need to come out of the hangover of the time where getting educated resulted in economic independence, thus becoming a cog in the industrial ecosystem.

IS YOUR CHILD FUTURE-READY?



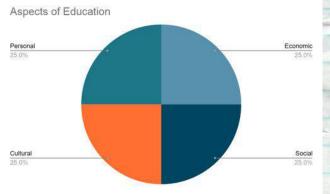
This issue stems from the fact that the majority of the parents of today's school and college going students are the second/third of a pre-independent India. The pathetic economic condition of the nation with famine followed by starvation in the 1900s brought the maslow theory of survival before all other dimensions of life.

In the ears of today's middle aged man, it still echoes to study well and earn a job and be a cog at the industry and supply chain system. Not to blame anybody other than the horrific exploitation of Company/ British Raj of around 300 years.

thowever, do we still have to carry the crummy linen of those times?

The ray of hope to overcome obstacles and rise to a new world of opportunity must begin from schooling. A child's life from year 3 to 18 revolves around schooling. It is well proved that the mind is the silo of past memories and the first 18 years of life construct the inner and outer elegance of one's life. This leads us to think about the importance of what to teach and learn in K-12 schooling.

Without ignoring the importance of the economical aspect of Education, we can't forget the other three equally important purposes of education: social, cultural and personal fronts.



Today while the world is galloping to equip their new generation culturally, socially and personally along with the economic front through schooling for the cosmopolitan, vibrant global community, the world's largest manpower provider, our nation and its schooling can't ignore this fact.

NEP 2020 is inspirational; however, we can't waste time for the elephant to turn around for another 10 to 15 years in its implementation. The best way is that Indian 'schooling system needs to adapt to the required change and phase with its global counterparts.

So how do we do it?

multiple research conducted across the world proves that starting early with leadership, life skills and career readiness skills among children from as young as 3 years old makes a visible difference.

you may wonder how a child of three years old can be taught leadership skills?

well let us look at the various skills a kindergartner learns:

Exhibiting self-control Developing empathy To be effective listener Cooperate to resolve conflicts 6ain and give respect Develop integrity Create a positive attitude Understand fairness work as a team Learn positive coping skills Become responsible Foster good friendships.

These essential skills are the stepping stones to those jargons of '3 C' of 21st century skills. Don't they look very similar to the skills we look in for a leader as well?

This informal but well-designed curriculum parallel to academic and co-curricular will lead students to learn

Conflict resolution Controlling emotions Empathy betting organized Handling peer pressure Identifying strengths and weaknesses Maintaining a positive attitude Presenting yourself Problem solving Reading, listening, and note taking Respect for self and others Responsibility Stress management Study and test-taking techniques Teamwork Techniques for addressing bullying Time management in the higher classes.

Looks impossible is it?

ttigh cooperation and collaboration between schools and families play the crucial role in bringing the above lifelong skills among our children for their future workplace and a successful life ahead. Every school is a micro climate of possibilitiegs. It is an ecosystem that can be developed by an inspiring team of teachers and parents to flourish our children. It is my humble prayer and submission to the school communities to adapt this change without waiting for the system to enforce these required changes with realization that every system or community basically originates from individuals.



Ms. Srivaishnavi - English HOD.

It is always exciting to welcome a new year however we all know in our soul that this year is different. There is definitely a paradigm shift in everyone's mind. I think this is the first year, personally for me, that I didn't receive any forwards related to resolutions. We have all realized that nothing is permanent and we can't forever keep planning our future. So what is it that we can do? Renew your dictionary of life. Remove words like jealousy, hate, revenge, greed from your dictionary and put words like love, care, compassion, honesty and satisfaction in their place. Let's keep in touch with our inner self and repeat this mantra "Forever is composed of nows."

Hindi Department

नव वर्ष के प्रथम प्रभात

नए वर्ष में नई पहल हो। कठिन जिंदगी और सरल हो।। अनसुलझी जो रही पहेली। अब शायद उसका भी हल हो।। जो चलता है वक्त देखकर। आगे चलकर वहीं सफल हो।। नए वर्ष का उगता सूरज। सबके लिए सुनहरा पल हो। समय हमारा साथ सदा दे। कुछ ऐसी आगे हलचल हो। सुख के चौक पूरे हर द्वारे। सुखम्यआँगन का हर पल हो।।



नव वर्ष तुम्हारा स्वागत है, खुशियों की बस इक चाहत है। नया जोश,नया उल्लास, खुशियाँ फैले,करे उजास। नैतिकता के मूल्य गढ़ें, अच्छी-अच्छी बातें पढें। कोई भूखा पेट न सोए, संपन्नता के बीज बोए। ऐ नव वर्ष के प्रथम प्रभात, दो सबको अच्छी सौगात।

Message from:

Mr.Gurubhahmam - Telugu dept.

ప్రేయమైన విద్యార్ధినీ, విద్యార్ధులకు నూతన సంవత్సర శుభాకాంకలు.ఈ కొత్త సంవత్సరంలో మీరు అనుకున్నవన్నీ నెరవేరాలని అనుకుంటున్నాను. విధ్యార్ధి దశ నుంచే మీరు కష్టపడే తత్వాన్ని,క్రమశిక్షణని అలవరచుకోవాలి.ఎందుకంటే మన పెద్దవాళ్ళు ఒక సామెత చెప్పారు ."మొక్కై వంగనిదే మ్రాసై వంగునా "అని అంటే చిన్న వయసులోనే ఏపైతే మనం నేర్చుకోమో పెద్ద ఐన తరవాత నేర్చుకోవడం దాలా కష్టం అవుతుంది.కాబట్టి విధ్యార్ధి దశలోనే కష్టపడే తత్వం,క్రమశిక్షణను నేర్చుకున్నట్లితే తరవాత అవి మన జీవితాంతం వుంటాయి.జీవితంలో విజయం సాధించిన ఏ వ్యక్తిని తీసుకున్న వారిలో ఖ చ్చితంగా ఈ రెండు లక్షణాలు కనిపిస్తాయి.కాబట్టి విధ్యార్ధి దశ నుంచే ఈ మంచి లక్షణాలు మీరు అలవరచుకుంటే భవిష్యత్ లో గొప్ప స్థాయిలో ఉంటారనడములో ఎటువంటి సందేహము లేదు.సుమతీశతకములో బద్దెన గారు ఒక పద్యం చెప్తారు.

> పుత్రుడు జన్మించినపుడే పుట్టదు ,జనులా పుత్రుని గనుగొని పొగడగ

పుత్రోత్సాహము నాడు పొందుర సుమతీ! అంటే

మనము పుట్టగానే మన తెల్లిదండ్రులకు సంతోషం కలుగుతుంది.కానీ నిజమైన సంతోషం కలుగదు అంట.ఎప్పుడైతే ప్రజలు అందరూ నీ కొడుకు /కూతురు చాలా గొప్పవారు అని తండ్రి దగ్గర అంటారో ఆనాడు నిజమైన సంతోషం తెల్లిదండ్రులకు కలుగుతుంది అంట.కాబట్టి మీ అందరూ క్రమశిక్షణతో చక్కగా చదువుకుంటూ మీరు అనుకున్న రంగంలో విజయం సాధించి మీ తెల్లిదండ్రులకు ,చదువు చెప్పిన ఉపాధ్యాయులకు ,చదువుకున్న పాఠశాలకు మంచి పేరు తీసుకువస్తారని కోరుకుంటున్నాను.

చెరుకూరి గురుబ్రహ్మం

తెలుగు ఉపాధ్యాయుడు





HIGHLIGHTS OF JANUARY



Flag Hoisting

At Meru International we had an online flag hoisting ceremony to honour our 72nd Republic day.



With love and support from all of our Meruvians we were able to conduct online annual day from grade 3-9







Republic day assembly We had our Monday morning assembly on the topic Republic day.

Master Classes

Mr. Jayadeep Vuppala, Ms. Rekha Lakshmi, Ms. Sunitha Tholapu our beloved teachers conducted masterclasses this month and shared their expertise and passion with all.









Literature Corner The Write Path



Shri Guru Gobind Singh Maharaj

By Deepanshi Yadav 5C



The little boy's soft hands Guruji was teaching the Sikhs, as he always did. There happened to be a rich boy there who wanted to serve. Of course, Guruji knew what was going inside the boy's mind. Then the Guruji said, "I am very thirsty. Who will fetch me some water?". "Yes! I will! I will fetch you some water. Oh! I am the first one to say! I am a winner!", the boy exclaimed before anyone could say anything. He ran to get water. He soon came with a glass of water.Guruji said, "Little boy I see your hands are beautiful and soft. What work do you do?". The boy said, "Well, My Parents have a lot of money, so I don't need to work. Whenever I want something, I ask a servant for it". Guruji was shocked. Guruji continued teaching, without drinking the water, until someone asked, "Guruji you asked the water and now you're not drinking it, are you not thirsty?" "No, this water is dirty." he said. "Guruji, I washed the glass, and I took the water from the well itself. It is pure." the boy said. Guruji said "Your hands were dirty. If you would be a server instead of a taker, this water would be clean." The boy now understood what his mistake was. He then started doing all the work. He served everyone and helped everyone. After a few months, the boy again visited Guruji. Guruji again said "I am thirsty. Who will give me water?""I will!", the boy said. When he came with the water Guruji noticed that the soft hands were now rough and had stains. "Mmm...Very sweet!" Guru Gobind Singh Ji said. A wide smile was there on everyone's face.

Blood Donation and Its importance

Aditi Sangishetty 8-A



January is also known as the National Blood Donor Month. This month is recognized for the increase in blood donation. Donating blood is a crucial part of health care. It is one of the most valuable gifts anyone can give. Donating blood is used to save lives, it can be used for scientific research, to find out more about blood-borne diseases, and to develop medical technology. Donating blood not only helps others but also refreshes our systems our cell count goes down which leads to new cell regeneration. This is definitely a healthy process that defines that an individual is fine and fit. This increases life span leading to a healthier body. It also decreases chances of having heart diseases, reduces blood pressure and blood glucose. So let's all raise awareness towards the benefits of donating blood for both the donor and the receiver. Let's all keep in mind that there is always someone in need of blood and when we do get the chance to donate blood we should step up to the plate.



National Girl Child Day



Manasa Varanasi 8-A

On 24 January of every year, we celebrate National Girl Child Day. This celebration was established to provide support and new opportunities for girls in our country. One of the many objectives here was to expand awareness of how girls are facing many disparities by the society. For instance, In 2017, 127 million women gave birth to a girl child. Among them, only 72 percent gave birth in a hospital and only 63 percent of kids were tended with minimum care. Discrimination is one of the significant factors here, that is spread in many areas such as inequality, education, medical care, respect, etc. You might be wondering, what is the importance of National Girl Child Day? Well, it is celebrated among social people and to improve their lives they give speeches and importance of equality for a girl and try to promote the status of girls in the society. Girls must get a more energetic, safer, and better environment. Which is one of the reasons why this day is quite an important event. In conclusion, we should understand the importance of girls and give them proper care and respect in our country as well as the world. Never discriminate between anv gender and think differently due to the views of the society





How was 2020 and how do you want 2021 to be like



Rishabh Jain,8A

We can all agree upon one thought that 2020 was the year that was neither very good nor very bad. Or, some people would say that it had been a year which was good and bad which implies that it had its own positives and negatives. That is what the year seemed to me, full of benefits but at the same time disadvantages were there as well. In 2020, I had many opportunities to rebuild my skills and enhance my knowledge. One of the biggest benefits I got was the excess time due to online classes. As it is always said 'Time is Money' but I would say that it has its own importance when compared to money. Well, I planned of using it wisely at the beginning but ended up watching movies or wasting time for about a month or so. After that, I started to utilize it as I was jealous of my friends who were reinforcing their some of the other skill or hobby. Ultimately, last year I learned plenty of lessons. Moving ahead, thinking of the year 2021,I feel that I have had a different experience so far and I would like 2021 to bring another exciting and joyful experience being lekker and enjoyable.

In fact, we all do want this year to be better than the previous one and have a lot of hope with a bunch of expectations.
So, let's hope for the best.
Thank you



Indian Army Day

Aditi Sangishetty 8-A



Army Day is celebrated every year on January 15th at the parade Ground of Delhi Cantonment.

Army day symbolizes transfer of military power from British to India as Lt. Gen KM Cariappa took over as the first commander in chief from British General Sir Francis Butcher on January 15th, 1949.

The motto of Indian Army is "Service Before Self". In recognition of this motto, the strength, courage and sacrifices of the Indian army men are honored by the Army Chief with bravery and sena medals on this day.

This day is also celebrated with military parades which showcase various aerial stunts and bike pyramids. The parade usually has a different themes and ideas like in 2020, the 'Digital Transformation of Defense' was Indian Army's theme.

To mark the 73rd Army Day in 2021, the Indian Army has organized a marathon — Vijay Run — to commemorate 60lden Jubilee (50 years) celebrations of India's resounding victory over Pakistan in 1971.









त्योहार भारत की शान हैं । हर एक प्रांत के अपने कुछ विशेष त्योहार हैं इनमें से एक लोहड़ी भी है। लोहड़ी पंजाब प्रांत के मुख्य त्योहारों में से एक हैं जिसे पंजाबी बड़े जोरो-शोरो से मनाते हैं। लोहड़ी की धूम कई दिनों पहले से ही शुरू हो जाती है। यह त्योहार लोग अपने परिवारऔर मित्र, रिश्तेदारों के साथ मिल जुलकर मनाते हैं।

लोहड़ी उत्तर भारत का एक प्रसिद्ध त्योहार है। यह मकर संक्रान्ति के एक दिन पहले मनाया जाता है। मकर संक्रान्ति की पूर्वसंध्या पर इस त्योहार का उल्लास रहता है। रात्रि में खुले स्थान में परिवार और आस-पड़ोस के लोग मिलकर आग के किनारे घेरा बना कर बैठते हैं।

इस समय रेवड़ी, मूंगफली, आदि खाए जाते हैं।

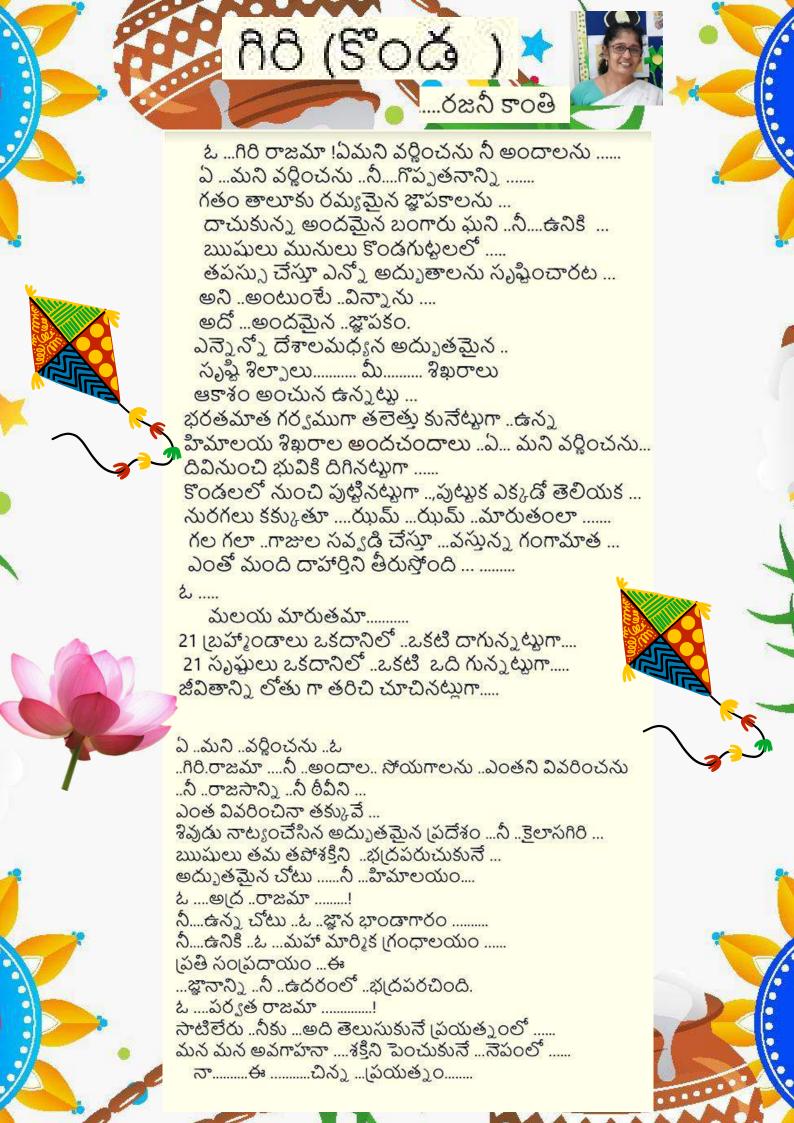
ऐसा माना जाता है कि इस दिन वर्ष की सबसे लंबी अंतिम रात होती है इसके बाद अगले दिन से धीरे-धीरे दिन बढ़ने लगता है । साथ ही इस समय किसानों के लिए भी उल्लास का समय माना जाता है खेतों में अनाज लहलहाने लगता है और मौसम सुहाना हो जाता है । जैसे की परिवार और मित्रों के साथ लोहड़ी का त्योहार मनाया जाता है इस तरह आपसी एकता को बढ़ाना भी इस त्योहार का उद्देश्य है।

सुंदर मुन्दरिए – हो तेरा , कौन विचारा - हो

दुल्हन भट्टी वाला - हो दुल्ले ने दी ब्याही दी शुभ लोहड़ी

हंसा भंभानी







MASTER PIECES OF THE MONTH







Nidhi 5D



Likit Kumar 3B









Deeksha 3C



Thanvika 7A







Reyansh 1D



Amulya 1B







MEDIA CORNER

TRADITIONAL PONGAL DISH



Ashriya Mishra



Sanaya Reddy



Sai Daiwik Padarthi







Nakshatra Shanagonda

Sai Ishaani 1G 🌭

- Avikshit Reddy (2I)

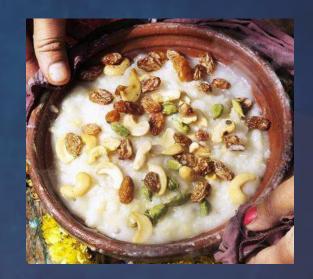


Pongal is a three-day Hindu festival majorly celebrated in south India. It is celebrated in the winters when the sun reaches its southernmost point according to Hindu calculations.

Derived from a Tamil word, Pongal means to boil. Rice is boiled in milk and offered to the sun first and then cows and then to the family and friends.

Food for Pongal is cooked under the sun in clay pots. The basic ingredients are some freshly-harvested rice and milk; other than that, we include ghee, cardamom, raisins, and cashew nuts.

and cashew nuts.

































- Kaarthikeya (1G)











- G.Gautam (2I)

Recipe of yummy cheese sandwich - By Ishita

You need Two slices of bread, garlic butter or normal butter, cheese, and grill toaster.

Firstly, melt the butter.

Secondly, apply the melted butter on either side of the bread.

Thirdly, grate the cheese and spread the cheese. Put the slices together.

Then, put it on in the grill toaster and let it grill for 5

minutes.

Finally, cut it into half and the yummy cheese sandwich is ready.











radio and were total in



mean that we can't enjoy it. Sometimes!





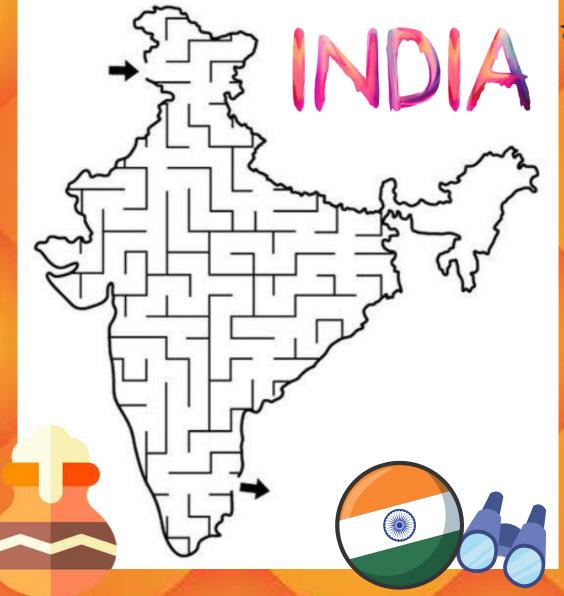






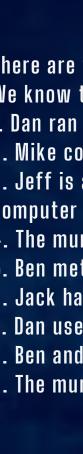












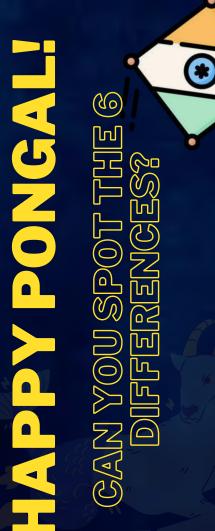


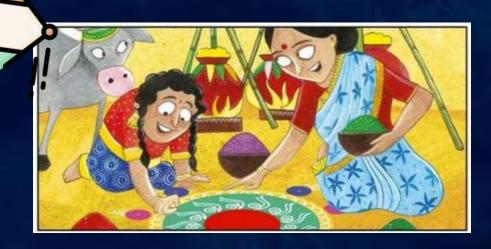
MR. INVESTIGATOR

There are five people. One of them shot and killed one of the other five. We know the following clues:

- 1. Dan ran in the NY City Marathon yesterday with one of the innocent men.
- 2. Mike considered being a farmer before he moved to the city.
- 3. Jeff is a topnotch computer consultant and wants to install Ben's new computer next week.
- 4. The murderer had his leg amputated last month.
- 5. Ben met Jack for the first time six months ago.
- 6. Jack has been in seclusion since the crime.
- 7. Dan used to drink heavily.
- 8. Ben and Jeff built their last computers together.
- 9. The murderer is Jack's brother. They grew up together in Seattle.

CAN YOU FIND THE KILLER & THE VICTIM?







can you solve these riddles!



If Teresa's daughter is
April's daughter's mother;
How is April related to Teresa?
a.Grandmother
b.Mother
c.Daughter
d.Granddaughter
e.Mother-in-law

TTT
 What starts with T, ends with T and has T in the middle.

2. Say What.
I speak without a mouth and hear without ears. I have no body but I come alive with the wind.

3. Good With Numbers. What english word has 3 consecutive double letters.

4. Hidden Treasure.

I have cities but no houses, I have mountains but no trees, I have water but no fish.

5. Say my Name. What disappears as soon as you say it's name?

6. Yours or Mines.
This belongs to you but everyone else uses it?

1. Literally Speaking How many letters are there in the alphabet?

ANSWERS FOR LAST MONTH!

	¹ 1	2 3			³ 1	4 4	5 6		
⁶ 1	2	1	⁷ 5		⁸ 5	6	2	⁹ 3	
10 1	5		9	¹² 5	6	7		13	¹⁴ 3
	¹⁵ 3	¹⁶ 1		¹⁷ 9	6		¹⁸ 6	0	8
		¹⁹ 5	²⁰ 9			²¹ 9	4	2	0
²² 2	²³ 4	2	6			²⁴ 7	8		
²⁵ 9	9	0		²⁶ 5	²⁷ 4		²⁸ 1	²⁹ 6	
³⁰ 6	7		³¹ 6	6	9	³² 5		33	³⁴ 4
	³⁵ 2	³⁶ 5	0	6		³⁷ 1	³⁸ 6	2	5
		³⁹ 5	0	2			⁴⁰ 1	1	

CROSSWORD & PROBLEMS

1) 87
Believe it or not, this "math" question actually requires no math whatsoever. If you flip the image upside down, you'll see that what you're dealing with is a simple number sequence.

2) 177 - 77 = 100 & (7+7) * (7 + (1/7)) = 100

3) 141

4) It is 3, because 'six has three letters

Credits

Art Reviewers
Abisha Rachel.P 8 A
Prisha Jain 8G
Asmee Agarwal 7A
Nethra sasikumar 9A
Krishna Niyati Bethu 7 B
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Editors
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Vallabha Sarraju 9B
Smritha Srinivasan 5B
Kaushal Prateek Kota 5A
Veda Krithi Apsingikar 5C
Hema Akashra 6A

Cover page Kruti Varnika 8B



Laasyapriya Akella 7A



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Smritha Srinivasan 5B
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